



Lunch Program Order Form

Session Two & Four

ALL MEALS INCLUDE A VEGETABLE, FRESH FRUIT, A DESSERT AND DRINK.

We are excited to have Wholesome Kids catering our lunch program this year. They are a nut, shellfish and pork free facility and can accommodate almost all allergy and dietary restrictions.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	Korean Bulgogi, Pasta, Corn and Peas, Fresh Fruit	Cuban Picadillo (Beef, Peppers, Tomato, Potato), Mini Pita, Vegetable Medley, Fresh Fruit	Tikka Masala Chicken Drumstick, Rice, Green Beans, Fresh Fruit	Lentil and Vegetable Soup, Baguette, Baby Carrots, Fresh Fruit	Moroccan Chicken Drumstick, Brown Rice, Peas, Fresh Fruit
Week Two	Beef Burger, Vegetable Medley, Fresh Fruit	Red Lentil Curry, Brown Rice, Green Beans, Fresh Fruit	Lemon Chicken Drumstick, Pasta, Sunshine Vegetables, Fresh Fruit	Chicken and Rice Soup, Dinner Roll, Leafy Greens Salad, Raspberry Dressing, Fresh Fruit	Turkey Salad, Pita Pocket, Cheddar Cheese, Leafy Greens Salad, French Dressing, Fresh Fruit

SNACK TIME! Have a hungry camper? Add an afternoon snack! Campers will enjoy delicious snacks such as Banana Oatmeal Bars, Whole Wheat Zucchini Carrot Loaf, Organic Whole Wheat Banana Muffin, Cheese & Crackers, Gingersnaps and more! Only \$9 per session!

Camper Name: _____

Session: 2 4

Dietary Restrictions/Allergies: _____

Cost: ___ Lunch = \$70.00 per 10-day session (incl. HST)

___ Afternoon Snack = \$10.00 per session (incl. HST)

Lunch orders are due ONE WEEK prior to start of your session.

